

Speakers

Andrew Down - Course Leader; Core Topics; Schizophrenia; Being Bloody-Minded

Andrew is the Deputy Chief Pharmacist for Herefordshire and Worcestershire Health and Care NHS Trust and an independent prescriber. He is a Fellow of the CMHP and the Royal Pharmaceutical Society. Andrew has presented at Psych 1 since 2010 and run the course since 2013.

Rachel Hogan - Anxiety Disorders

Rachel is a credentialed member of the CMHP. She is the Clinical Lead Pharmacist for Oxford Health NHS Foundation and has worked in mental health for 18 years. Rachel established the Trust's Medicines Advice Service, is responsible for formulary and guideline development, and is the lead pharmacist for the Child and Adolescent Mental Health (CAMHS) services.

Orla Macdonald—Bipolar Affective Disorder & Depression

Orla is the Lead Research pharmacist at Oxford Health Foundation Trust and Lead Learning Disabilities pharmacist for the BOB (Buckinghamshire, Oxfordshire and Berkshire West) ICS. She is a credentialed member of the CMHP and has been working in a psychiatric setting for 18 years. She has worked in a variety of sub specialist areas including CAMHS, forensics and adult mental health and most recently as a non-medical prescriber for an Early Intervention Service.

Alan Pollard—Dementias

Alan is a Fellow of the CMHP and spent many years working as a clinical and chief pharmacist within mental health where in his clinical role he worked significantly with older adult services. Although retired from the NHS he continues to support education and training in many and various ways. Alan is best known for adopting a quiz style to much of his teaching.!



"To advance education in the practice of mental health pharmacy and to promote and disseminate research for the public benefit, in all aspects of that subject."

The College of Mental Health Pharmacy (CMHP) is a charity which aims to benefit individual care through advancing education and research in the practice of mental health pharmacy.

The key aims of the CMHP Strategy are:

1. **Leading the way in education and research for mental health pharmacy.**
2. **Making sure mental health pharmacy is represented by members who are well informed**
3. **Sharing our expertise in mental health pharmacy**

If you would like further information about the CMHP or its work, including how to become a member, please speak to one of the speakers during the course, or visit the website at www.cmhp.org.uk.

The CMHP now offers the Foundation Certificate for pharmacists and technicians keen to demonstrate their commitment to professional development in psychiatric pharmacy. For more information see: www.cmhp.org.uk/expertise/credentialing/foundation-certificate/.

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Psych 1 Online

An Introduction to Mental Illness and Psychiatric Therapeutics

Online training event

Day 1: 10th June 2022

Day 2: 17th June 2022

Day 3: 24th June 2022



CMHP
College of Mental Health Pharmacy

Psych 1 ONLINE

Psych 1 introduces pharmacists, pharmacy technicians and other professionals with an interest in psychiatric medicines to key mental health conditions, focussing on the core clinical issues. It covers diagnosis and classification, key concepts and terminology, national drivers and guidelines, and options for treatment and management. The course covers common mental health conditions that may be seen in primary and secondary care, either as primary diagnoses or concomitant with other conditions, or that may be handled through specialist services. The course is aimed at people who are new to mental health, those who want to learn more about the ways medicines are used, or those returning to practice after a break.

Day 1

10 Jun 2022

13:00 **Welcome and introductions**

13:10 **Introduction & Core Topics.**

An overview of mental illness and the classification of MH disorders. **Core Topics for the Clinician** includes the Mental Health Act & the Mental Capacity Act as they relate to the use of medicines, and the practical application of the mental state examination.

14:10 **Anxiety Disorders.**

- Understand the presentation and classification of anxiety disorders
- Understand the underlying neurobiology
- Be knowledgeable about treatment strategies
- Be aware of relevant guidance

15:30 **Q&A**

- Break -

15:45

16:00 **Bipolar Affective Disorder.**

Objectives:

- Understand the clinical presentation of bipolar affective disorder and the diagnostic criteria for mania and hypomania
- Have a knowledge of the options available for acute and prophylactic treatment.
- Be aware of relevant guidance

17:20 **Q&A**

- Finish -

17:35

Day 2

17 Jun 2022

13:00 **Welcome and introductions**

13:15 **Depression.**

- Understand of the diagnostic criteria for depression
- Be able to list the main symptoms
- Have a knowledge of the treatment options available for managing depression.
- Be aware of relevant guidance

14:35 **Q&A**

14:50

- Break -

15:05 **Being Bloody-Minded.**

- Provide basic information on main blood tests that are likely to be seen in practice.
- Consider how blood dyscrasias present and the way that the symptoms relate to mental disorder.
- Consider the impact of psychotropic medicines on blood biochemistry.

16:25 **Q&A**

16:40

- Finish -

Day 3

24 Jun 2022

13:00 **Welcome and introductions**

13:15 **Dementias.**

- Understand the clinical presentation of different dementias and their proposed aetiology
- Be aware of common diagnostic tools
- Understand the proposed mode of action of medicines used
- Appreciate the management of associated problems
- Be aware of relevant guidance

14:35 **Q&A**

14:50

- Break -

15:05 **Schizophrenia.**

- Be aware of the symptoms of schizophrenia and associated aetiology
- Understand the diagnostic criteria
- Understand treatments and their side-effects
- Appreciate the long-term problems associated with schizophrenia
- Be aware of relevant guidance

16:25 **Q&A**

16:40

- Finish -