

## Speakers

### **Andrew Down. Course Leader; Personality Disorders; Self-Harm; Being Bloody-Minded**

Andrew is the Deputy Chief Pharmacist for Worcestershire Health and Care NHS Trust and an independent prescriber. He is a credentialed Member of the CMHP and Fellow of the Royal Pharmaceutical Society

### **Jennifer Scott. Substance Misuse**

Jenny is pharmacist with a teaching, research and practice interest in addiction. She is a senior lecturer at the University of Bath and lead pharmacist for Turning Point, where she runs a weekly clinic as a non-medical prescriber.

### **Nikki Holmes. Forensic Mental Health**

Nikki is the Head of Pharmacy for forensic services of Nottinghamshire Healthcare NHS FT. She is a credentialed Member of the CMHP and has worked in forensic mental health for over two decades, both in the UK and in NZ. She has been the President of the CMHP.

### **Faye Harrison Yuill. Eating Disorders**

Faye is a clinical psychologist working in acute services in Derbyshire Healthcare NHS Foundation Trust. She has worked with both children and adults with an eating disorder since 2010, most recently within specialist services for eating disorders in Nottinghamshire. She continues to hold an interest in eating disorders offering specialist supervision, consultation and teaching outside of her current NHS role.

### **Rachel Brown. Child and Adolescent Mental Health**

Rachel is the Clinical Lead Pharmacist for Oxford Health NHS Foundation Trust. She runs the Trust's Medicines Information Service and is lead pharmacist for the Children and Young People's Directorate. Rachel is a credentialed member of the College of Mental Health Pharmacy.



## Advancing Practice in Mental Health Pharmacy

The College of Mental Health Pharmacy (CMHP) is a charity which aims to benefit individual care through advancing education and research in the practice of mental health pharmacy.

The key aims of the CMHP Strategy are:

1. **Leading the way in education and research for mental health pharmacy.**
2. **Making sure mental health pharmacy is represented by members who are well informed**
3. **Sharing our expertise in mental health pharmacy**

If you would like further information about the CMHP or its work, including how to become a member, please speak to one of the speakers during the course, or visit the website at [www.chmp.org.uk](http://www.chmp.org.uk).

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## Psych 2

## Mental Health Specialities & Medicines Management

### Online training event:

**Day 1: 6th November 2020**

**Day 2: 13th November 2020**

**Day 3: 20th November 2020**



**CMHP**  
College of Mental Health Pharmacy

# Psych 2 ONLINE

Psych 2 is the next step in mental health medicines education – aimed at medicines management staff who are already practising in the specialist field. Conditions covered are sometimes seen on the general inpatient wards, either as primary diagnoses or concomitant with other conditions, or they may be handled through specialist services and inpatient facilities. The course is aimed at staff who are experienced in mental health and wish to expand their knowledge in specialist fields associated with mental healthcare.

## Day 1

13:00 **Welcome and introductions**

13:10 **Substance Misuse. Jennifer Scott**

Objectives:

- Review the evidence base that underpins the provision of opiate substitution therapy (OST)
- Understand best practice in induction, titration and stabilisation of patients in OST.
- Consider key drug safety issues regarding OST including the use of high dose methadone, drug interactions and the management of pain.

14:35 **Q&A**

**- Break -**

15:05 **Personality Disorders and Self-Harm. Andrew Down**

Objectives:

- Understand the clinical presentation of different personality disorders and their diagnostic criteria.
- Consider the place for pharmacological management of personality disorders.
- Be aware of relevant guidance.
- Explore the role of a medicines specialist in the management of personality disorders.
- Consider self-harm, which is separate to personality disorder, but often linked in people's minds!

16:25 **Q&A**

## Day 2

13:00 **Welcome and introductions**

13:15 **Forensic Mental Health. Nikki Holmes**

Objectives:

- To understand the definition of forensic in the context of psychiatry.
- To recognise some sections of the MHA commonly seen in forensic psychiatry.
- To be able to describe some key considerations when prescribing for this population, including with clozapine.
- To develop an understanding of the roles of the pharmacist in this setting.

14:35 **- Break -**

14:50 **Eating Disorders. Faye Harrison Yuill**

Objectives:

- Understand what constitutes an eating disorder.
- Consider various elements of risk in relation to an eating disorder.
- Be aware of the guidance, management and treatment including the place of medicines in the treatment of eating disorders and associated difficulties.
- Begin to consider the general role of pharmacy and medicines within the care of someone with an eating disorder.

16:10 **- Break -**

16:25 **Q&A Panel**

## Day 3

13:00 **Welcome and introductions**

13:15 **Child and Adolescent Mental Health. Rachel Brown**

Objectives:

- Understand the main prescribing issues in CAMHS (off-label/consent/cautions).
- Increase awareness of NICE guidelines for CAMHS.
- Understand the general principles for the pharmacological management in children and young people with psychosis; depression; and ADHD.

14:35 **Q&A**

**- Break -**

14:50 **Being Bloody-Minded. Andrew Down**

Objectives:

- Provide basic information on main blood tests that are likely to be seen in practice.
- Consider how blood dyscrasias present and the way that the symptoms relate to mental disorder.
- Consider the impact of psychotropic medicines on blood biochemistry.

16:25 **Q&A**