



CMHP
College of Mental Health Pharmacy

**9th Annual International
Psychiatric Pharmacy Conference of
the College of Mental Health Pharmacy**
12th - 14th October 2018
Holywell Park, Imago, Loughborough

DRAFT PROGRAMME AND USEFUL INFORMATION

Please note we are continually adding to the programme; all speakers, topics and timings are subject to change. Last update: 05/10/2018



www.cmhp.org.uk



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#CMHP18

With thanks to our 2018 Corporate Partners for their generous support



PROGRAMME Friday 12th October 2018

Time	Session	Location
09.30	Arrival and Registration	
10.15	Medical and Poster Exhibition Opens	
10.30	Conference Opening Juliet Shepherd, CMHP President	Turing
	Theme: Motivation & Appreciation	
10.45	Plenary Session: Chair's Introduction Mike Chitty, Realise Development	Turing
11.15	CMHP Memorial Lecture: Gender Transition - 'An optimistic field' Matt Ellison	
12.00	Keynote Lecture: Automaticity, making the conscious unconscious Richard Nicholls, UK Council for Psychotherapy (UKCP)	
13.00	Britannia Pharmaceuticals Satellite Symposium: Clozapine - Near Patient Testing Clinics Janet Green and Claire Thompson	Turing
	Or Buffet Lunch with Medical Exhibition & Poster Viewing	
	Theme: New Insights	
14.30	Plenary Session: Chair's Introduction Geraldine Strathdee CBE, National Professional Adviser, Care Quality Commission	Turing
14.45	Keynote Lecture: Oxytocin and the treatment of psychosis; Can evolutionary models explain the link? Mohammed Abbas, Consultant Psychiatrist & Associate Medical Director, Leicestershire Partnership NHS Trust	
15.35	Refreshments with Medical Exhibition & Poster Viewing	
16.05	Keynote Lecture: Novel treatment for treatment resistant depression Alex O'Neill-Kerr, Medical Director, Northamptonshire Healthcare NHS Foundation Trust	Turing
16.55	Mental Health EPMA funding update Peter Pratt, Head of Mental Health & Learning Disability Medicines Strategy, NHS England & NHS Improvement Ann Slee, Associate Chief Clinical Information Officer (Medicines), NHS England	Turing
17.15	Otsuka/Lundbeck Satellite Symposium: What is the real cost of relapse in Schizophrenia? Latest research and practical recommendations Chair and Local Postface: Andrew Campbell, Chief Pharmacist at Dudley and Walsall Mental Health Partnership Trust Speaker: John Donoghue, Medicines in Mental Health Ltd	Turing
18.00	Medical and Poster Exhibition Closes	
18.00	Informal Dinner	Burleigh Court
19.30	CMHP Annual General Meeting	Burleigh Court
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21.00		

PROGRAMME Saturday 13th October 2018

Time	Session	Location
08.45	Medical and Poster Exhibition Opens	
08.30	Conference Welcome Juliet Shepherd, CMHP President	Turing
	Theme: Practice Development	
08.45	Plenary Session: Chair's Introduction Ann Jacklin, NHS Improvement	Turing
09.00	Pharmacy Practice Oral Presentations	Turing
	1. Stakeholders' Views of the Feasibility and Acceptability of Medicines Administration by Pharmacy Technicians on Mental Health Inpatient Wards Joanne Woodward, The University of Manchester and North West Boroughs Healthcare NHS Foundation Trust	
	2. Service Evaluation of a Medicines Management Pharmacy Technician Administering Medication on Mental Health Wards Claire Butler, Sussex Partnership NHS Foundation Trust	
	3. Making Every Contact Count - Using PharmOutcomes to Refer Patients From a Mental Health Setting To Their Community Pharmacy Jennifer Southern, Cheshire and Wirral Partnership NHS Foundation Trust	
	4. Pharmacist Independent Prescriber Working in a Community Learning Disability Team – Releasing Psychiatry Time and Delivering STOMP David Gerrard, Northumberland Tyne and Wear NHS Foundation Trust	
10.30	Refreshments with Medical Exhibition & Poster Viewing	
11.00	Keynote Lecture: Perinatal Update Giles Berrisford, Associate National Clinical Director for Perinatal Mental Health, NHS England	Turing
11.40	Keynote Lecture: Travellers and the Homeless Allyson Coogan, Senior Mental Health Lead, Exchange House Ireland National Travellers Service	
12.20	Keynote Lecture: DNP - Slim Today, Gone Tomorrow Robert J Flanagan, King's College Hospital NHS Foundation Trust	
13.00	Lundbeck Satellite Symposium: NICE and other National Depression Guidelines: What medications should be used, where, when and why? Chair and National Preface: Celia Feetam, Past President of CMHP and an independent psychiatric pharmacy consultant Speaker: Professor David Taylor, Director of Pharmacy and Pathology, Head of Pharmaceutical Sciences Clinical Academic Group, King's Health Partners	Turing
	Or Buffet Lunch with Medical Exhibition & Poster Viewing and Judging	
14.00	Afternoon Workshops (a choice of workshops running in parallel)	
	An Introduction to Quality Improvement - Tina Campbell, Devon Partnership NHS Trust	Arkwright
	Starting Out in Research - Joanne Woodward, North West Boroughs Healthcare NHS Foundation Trust & Richard Keers, The University of Manchester	Murdoch
	Managing Diabetes in the Context of Mental Health - Hannah Beba, County Durham and Darlington NHS Foundation Trust	Kelvin
	You CAN Do It - Credentialing Top Tips - Juliet Shepherd, 2gether NHS Foundation Trust	Brunel
	Carter 2 – everything you want to know but were afraid to ask - Ann Jacklin, NHS Improvement	Pascal
	Aston Diploma Presentations - Dr Ian Maidment, Aston University	Edison
15.30	Refreshments with Medical Exhibition & Poster Viewing	
16.00	Janssen Satellite Symposium: Has anything changed with mortality in schizophrenia? Celia Feetam, Past President of CMHP and an independent psychiatric pharmacy consultant Professor David Taylor, Director of Pharmacy and Pathology, Head of Pharmaceutical Sciences Clinical Academic Group, King's Health Partners	Turing
16.00	Medical and Poster Exhibition Closes (Please collect your posters immediately)	
16.00	Boxing fitness class	Pilates class
19.00	2018 CMHP Awards Dinner Pre-dinner drinks at 19.00 followed by dinner and awards at 19.30	Burleigh Court

PROGRAMME Sunday 14th October 2018

Time	Session	Location
09.15	Conference Opening & Thought For The Day Juliet Shepherd, CMHP President	Turing
Theme: Mental Health and International Pharmacy Development		
09.30	Plenary Session: Chair's Introduction Robbie Turner, Director for England, Royal Pharmaceutical Society	Turing
09.45	Keynote Lecture: Development of Mental Health Pharmacy in Denmark Christine Villesen, Mental Health Center Sct. Hans Capital Region of Denmark	
10.30	Refreshments	
11.00	Keynote Lecture: Tackling dementia in Japanese super-aging society Dr Naoko Arakawa, Assistant Professor in International Pharmacy, University of Nottingham	Turing
11.45	Keynote Lecture: Suicide prevention by pharmacy teams: what can we learn from the USA and Canada? Dr Hayley Gorton, Winston Churchill Memorial Trust (WCMT) Fellow 2018	
12.30	Closing Remarks: Conference Summary & Farewell Juliet Shepherd, CMHP President	Turing
13.00	Conference Closes	

Please note this Programme was correct at the time of printing and may be subject to change.

USEFUL INFORMATION

CMHP secures non-promotional and unrestricted educational grants from our corporate partners in order to support our educational activities. For more information on our Corporate Partnership Scheme please visit our website www.cmhp.org.uk The CMHP works with the pharmaceutical industry who work within the ABPI Code of Practice. The CMHP is a Registered Charity and aims to ensure the best treatment with medicines for people with mental health needs. The CMHP believes that pharmaceutical care for people with mental ill problems is improved by providing pharmacy team members with high quality education and support about mental health conditions and their management. See www.cmhp.org.uk for details.

Working in partnership with:

Aston University
British Association for
Psychopharmacology
Choice and Medication
Guild of Hospital Pharmacists

Mental Health Research Network
Prescribing Observatory for
Mental Health
Royal Pharmaceutical Society

The National Association of
Psychiatric Intensive Care Units
United Kingdom Clinical
Pharmacy Association
University of Bath

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Conference Locations and Travel Information

Located on Loughborough University's campus in the East Midlands, Holywell Park Conference Centre and Burleigh Court are easily accessible by road, rail and air. Holywell Park and Burleigh Court are a 10 minute walk or a 2 minute drive apart and delegates will be provided with this information.

Holywell Park Conference Centre

The conference is being held at **Holywell Park Conference Centre**, Holywell Way, Loughborough University Science and Enterprise Park, Loughborough, LE11 3GR.

By Car

Use the postcode LE11 3GR or type 'Holywell Way, Loughborough' into your sat-nav. Leave junction 23 of the M1, taking the A512 Ashby Road to Loughborough. At the first roundabout, turn right into Holywell Way (signposted for Burleigh Court and Holywell Park). Once you've passed the gatehouse, go straight on at the next two roundabouts and enter the Holywell Park car park. There is a substantial amount of free secure car parking next to the venue with over 1000 spaces available for vehicles.

Burleigh Court

Accommodation, the dinners and the boxing and pilates sessions will be held approximately 0.5 miles away at the on-site **Burleigh Court**, Off Ashby Road (A512), Loughborough University (West Park), Loughborough, Leicestershire, LE11 3GR.

By Car

Use the postcode LE11 3GR or type 'Holywell Way, Loughborough' into your sat nav. Leave junction 23 of the M1, taking the A512 Ashby Road towards Loughborough. At the first roundabout, turn right into Holywell Way (signposted for Burleigh Court and Holywell Park). Once you've got your visitor badge from the gatehouse, turn left at the roundabout, passing the STEM Lab building on your right hand side. Take the next right which is sign posted to Burleigh Court and proceed to our car park barrier. There is free secure car parking next to the venue with 200 spaces available for vehicles.

Taxi

Taxis are available from the railway station, with a journey costing around £8. Loughborough Taxis operate 24/7 and can be contacted on 01509 230230.

By Train

Holywell Park Conference Centre is just three miles from Loughborough railway station, only a 10 minute cab ride away or 20 minutes on a shuttle bus [Kinchbus](#).

Loughborough railway station has an hourly service to London St. Pancras and regular services to other major UK cities including Birmingham, Sheffield and Leeds. Information on train times and ticket prices can be found on the following websites: [National Rail](#) | [London Midland](#) | [East Midlands Trains](#) | [The Trainline](#).

You can buy a combined train and bus ticket that incorporates the bus journey to and from the railway station. Just select Loughborough University Bus (XLO) when booking on websites such as East Midlands Trains and The Trainline.

Accommodation at Burleigh Court

For those that have booked accommodation, this will be reserved at **Burleigh Court Hotel**, Off Ashby Road (A512), Loughborough University (West Park), Loughborough, Leicestershire, LE11 3GR.

Check in for residential delegates is available from 15.00 on your day of arrival. Please check out before attending the conference on the day of your departure, this is by 10.00 on weekdays or 12.00 at the weekend. If you wish to charge anything to your room during your stay please visit the hotel Reception to provide your credit card details.

Exhibition

You will be able to visit all of our Corporate Partners and exhibitors in the Medical Exhibition in the Babbage Room, Holywell Park. The Medical Exhibition and delegate Posters will be available for viewing throughout the conference until 16.00 Saturday 13th October.

Our corporate partners have provided financial support for venue hire, catering and/or exhibition space. They have had no influence over speaker selection and content of the meeting agenda aside from separate company sponsored satellite symposiums clearly marked in the programme.

Poster Presenters

If you are presenting a poster please make yourself known to the Conference Team at Conference Reception at Holywell Park and they will advise you of the assigned location for your poster. Posters will be displayed in Stephenson at Holywell Park throughout the Conference on Friday and Saturday.

Informal Dinner

For those pre-registered, the informal dinner on Friday 12th October is 18.00-19.30 at Burleigh Court. If you have not booked the informal dinner as part of your attendance package this can be added, subject to availability, by contacting the conference hotline on 01332 224509 or by emailing cmhp@kc-jones.co.uk.

CMHP Annual General Meeting

All CMHP members are encouraged to join us for the AGM 19.30-21.00 on Friday 12th October at Burleigh Court.

Conference Awards Dinner

For those pre-registered, the conference awards dinner, is from 19.30 on Saturday 13th October in the Main Restaurant at Burleigh Court. Pre-dinner drinks will be held at 19.00 in the Lounge next to the Main Restaurant.

After dinner and the awards, and speeches, entertainment will be provided by Steve Bazire's scratch band; and Matthew Elswood will be playing delegates disco favourites until late.

If you have not booked the Conference dinner as part of your attendance package this can be added, subject to availability, by contacting the conference hotline on 01332 224509 or by emailing cmhp@kc-jones.co.uk.

Workshops

All delegates are encouraged to sign up for the workshop session that they wish to attend on Saturday 13th October at their earliest convenience in Conference Reception at Holywell Park.

Mosque

The nearest mosque is Loughborough Mosque and Islamic Cultural, 83-85 King Street, Loughborough, LE11 1SD. Alternatively a Prayer room will be available.



We will be encouraging tweets in advance and throughout the conference, please use: @CMHPUK and #CMHP18 to join the conversation.

Boxing and Pilates Sessions

As part of the programme fitness classes have been arranged on Saturday 13th October at Burleigh Court. To participate in either class please register in advance at Conference Reception at Holywell Park and pick up and complete a medical form to bring to the session/s with you.

Boxing - 16.00 in Avon at Burleigh Court

The session will be 1 hour long focusing on stretches, heart rate riser and then go time!! Shadow boxing for a bit of technical breakdown of movements and then we will get onto padwork. Please bring towel, water and killer can do attitude :-) also comfortable training clothing.

Pilates - 16.00 in Derwent at Burleigh Court

The Pilates session will be 1 hour long and involve various techniques to work your core muscles, as well as challenge and develop your posture, flexibility and mobility. The class will be beginner – intermediate with exercises being performed at varied levels of difficulty. If you should have any injuries or conditions that might prevent you from carrying out some exercises please make note on your medical form and inform the instructor prior to the session. You should wear suitable gym clothing, bring a bottle of water and if you want a towel.

Local Information

The conference offers a packed and interesting programme for delegates. Please find some information on nearby options for friends and family members, or delegates if you wish to explore the local area.

Activities / Things To Do

45 Gin School

Address: 7-9 Market Place, Leicester LE1 5GG

Distance: 15 miles

45ginschool.com

Great Central Railway

Address: Loughborough Central Station, Great Central Road, Loughborough, LE11 1RW

Distance: 3.5 miles

www.gcrailway.co.uk

Twycross Zoo

Address: Norton Grange, Norton-Juxta-Twycross, Atherstone, Warwickshire, CV9 3PX

Distance: 18.5 miles

twycrosszoo.org

Break Escape

Address: 58/59 Baxter Gate, Loughborough, LE11 1TH

Distance: 3 miles

www.breakescape.co.uk

Pubs, Bars & Nightclubs

The Wheatsheaf, Harvester (Restaurant / Pub)

Address: New Ashby Road, Ashby Road, Loughborough, LE11 4EX

Distance: 18.5 miles

www.harvester.co.uk/restaurants/eastandwestmidlands/thewheatsheaflooughborough

The Priory (Restaurant / Pub)

Address: Nanpantan Road, Loughborough, LE11 3YD

Distance: 2 miles

www.distinctiveinns.co.uk/locations/the-priory-nanpantan/

Amber Rooms (Pub / Bar)

Address: 15 The Rushes, Loughborough, LE11 5BE

Distance: 2.5 miles

www.jdwetherspoon.com/pubs/all-pubs/england/leicestershire/the-amber-rooms-loughborough

Barrow Boating

Address: Old Mill Basin, Mill Lane, Barrow Upon Soar, Loughborough. LE12 8LQ

Distance: 6 miles

www.barrowboating.co.uk/small-craft/

Loughborough Leisure Centre

Address: Browns Lane, Loughborough, LE11 3HE

Distance: 2.5 miles

www.loughboroughleisurecentre.com

Charnwood Museum and Queens Park

Address: Granby Street, Loughborough LE11 3DU

Distance: 2.5 miles

www.charnwood.gov.uk/pages/charnwood_museum

The Orange Tree (Pub / Bar)

Address: Bedford Square, Loughborough, LE11 2TP

Distance: 2.5 miles

www.orangetree.co.uk/loughborough/

The Kelso (Late Night Bar)

Address: 8-9 Ward's End, Loughborough, LE11 3HA

Distance: 2.5 miles

www.thekelso.co.uk

Revolution (Late Night Bar / Nightclub)

Address: 13-14 Baxter Gate, Loughborough, LE11 1TG

Distance: 2.5 miles

www.revolution-bars.co.uk/bar/loughborough/

Echos Nightclub (Nightclub)

Address: 5 Biggin Street, Loughborough, LE11 1UA

Distance: 2.5 miles

www.echosnightclub.co.uk

SPEAKER BIOGRAPHIES Friday 12th October 2018

Mike Chitty

Realise Development



Mike has worked on developing leadership, strategy and innovation for over 30 years. Until March 2018 he was Head of Applied Leadership at the NHS Leadership Academy (NHSLA). He now runs his own business, Realise Development. Mike first started to get involved with pharmacists as a professional group through the NHSLA Bevan Programme and then through Keith Ridge's Chief Pharmacist programme which he led the design of and delivered on the first few cohorts. This allowed a relationship to develop with the Centre for Post Graduate Pharmacy Education and friendships to grow with a number of pharmacists, some of whom are closely associated with CMHP.

Mike fundamentally believes that to develop the leader is to develop the human. It is about helping us to be our best selves when we need to be. With a degree in biophysics and post graduate certificate in education Mike is an educator who helps individuals and groups to realise development.

At the time of writing Mike is closely involved with the development of the NHSLA CEO network, provides support to the executive team of a number of NHS Trusts, supports Public Health England with the development of Sustainable Ambassadors and is working on an alt-STP working to explore what sustainable and transformed health and care might be like if it was not tackled exclusively from the paradigm of clinical, bio-medical, illness management.

Matt Ellison



Matt is a speaker and educator on transgender issues.

He was co-chair of one of the UK's largest transgender support groups, which meet once a month in Camden, he's has participated in meetings with NHS England about improving trans health care, and is active in the trans community. He's been interviewed for various websites and podcasts.

The founder of a thriving guitar school, Matt is also a horse riding instructor, keen weightlifter, kickboxer and holds black belts in both judo and jujitsu.

Richard Nicholls

UK Council for Psychotherapy (UKCP)



Richard is an author, podcaster and UK Council for Psychotherapy (UKCP) accredited psychotherapist who specialises in the therapeutic use of hypnosis.

A passionate advocate for mental health awareness, as well as working as a one-to-one therapist, Richard is best known for his book "15 Minutes to Happiness" and his iTunes number one reaching audio series "The Richard Nicholls Podcast."

He has been interviewed in many magazines and radio programmes about the psychology and behaviour behind happiness and was awarded the Hypnos award for services to the profession by The National Society of Hypnosis, Psychotherapy and Mindfulness.

Twitter: @richardnicholls
www.richardnicholls.net

SPEAKER BIOGRAPHIES Friday 12th October 2018

Geraldine Strathdee CBE

National Professional Adviser, Care Quality Commission



Dr Geraldine Strathdee C.B.E. O.B.E. Hon. FRCPsych has had a portfolio career working at national, London region and in trusts as an NHS clinician, academic, medical manager, policy maker, regulator and innovator. She is passionate about empowering patients and staff to develop their potential, and equipping them with the skills to lead. Her particular commitments are to provide better public education on mental health, promote high impact prevention programmes, increase access to equitable, high quality, effective services, and support the translation of policy & best practice evidence into front line routine clinical practice, including of medicines. She is currently involved in a range of global leadership, quality improvement, Intelligence & digital innovation programmes, including as the National Professional Adviser at the Care Quality Commission, as a Non-Executive Director on the Board of South London and Maudsley Hospital, and mental health adviser, Darzi Review for the 10 year NHS plan. Medicines optimization is a current priority,

and she is interested in how we can improve accessible, coproduced information for patients and families, support for medicines adherence to reduce relapses, readmissions and re detentions, safer prescribing and monitoring, improved well led governance of medicines from Board to Floor in trusts, and resolving the inequalities in free prescriptions for people with long term mental ill-health. She is looking forward to a lively debate with one of the most committed and innovative professions!

Recent previous roles have included: National Clinical Director for Mental Health, NHS England, National Clinical Lead for the National Mental Health Intelligence Network, PHE and Medical Director for mental health & dementia for London. She is a Vice Patron of the Poppy Factory

Mohammed Abbas

Consultant Psychiatrist & Associate Medical Director, Leicestershire Partnership NHS Trust



Mo is a full time clinician working in the NHS. He has a number of research interests including: schizophrenia: He co-authored a new evolutionary theory of schizophrenia (Abed and Abbas, 2011 & Abed and Abbas, 2014) which might shed light on the mechanism of a novel intervention in schizophrenia (oxytocin). He is also the first author of a paper which developed a new scale of eliciting the meanings (motives) of suicidal/self-harming behaviour and the lead of an Iraqi National Study of Suicide in collaboration with Professor Louis Appleby, Chair, National Suicide Prevention Strategy Advisory Group for England. This project has established a suicide register in Iraq. The first report was published in 2018 (Abbas et al, 2017). Mo has led the development of a new model of psychiatric case formulation.

Mo has been involved in projects aimed at improving mental health services and medical education in Iraq. These projects led to a significant change of undergraduate medical education curricula in a number of these schools in collaboration with University of Leicester (UOL). UOL was shortlisted for the TIMES Higher Education Awards in 2017 and Mohammed was the Winner of the Royal College of Psychiatrist' award: Psychiatrist Volunteer of the Year 2015. Mohammed gave a talk at TedX Leicester in 2016 about these projects.

SPEAKER BIOGRAPHIES Friday 12th October 2018

Alex O'Neill-Kerr

Medical Director, Northamptonshire Healthcare NHS Foundation Trust



Alex has been the Medical Director for the Trust since 2003. As an executive member of the Board, he helped the Trust achieve a rating of outstanding overall by the CQC. Alex has 25 years' experience as a general adult consultant psychiatrist. He is a Fellow of the Royal College of Psychiatrists and a Fellow of the College of Psychiatry of South Africa. He is a visiting Professor in Neuromodulation at the University of Northampton.

Alex is the clinical lead for the Northamptonshire Centre for Neuromodulation based in Northampton at Berrywood Hospital. The Centre provides ECT and nurse-administered ECT, repetitive transcranial magnetic stimulation (rTMS), theta burst stimulation (TBS), transcranial direct current stimulation (tDCS) and ketamine infusion.

These treatments are primarily used in the treatment of depression and other mental health disorders. The Northampton Centre was the first in the NHS to provide clinical rTMS to NHS patients and opened in 2015. It is the only NHS Trust providing all these treatment modalities in a single clinical area.

Alex has co-authored a paper on rTMS published in the November 2016 BJPsych Advances. He lectures both nationally and internationally on rTMS at the Royal College of Psychiatry International Meeting and at the Royal College of Psychiatry ECT training days. He has also written chapters on TMS for the Fourth Edition of the Royal College of Psychiatrists ECT and related treatments handbook 2018.

Professor O'Neill-Kerr is an investigator for a National Institute for Health Research grant-funded study; a multicenter trial of rTMS versus neuronavigated theta burst evaluation due to commence recruiting in 2018.

www.iwantgreatcare.org

SPEAKER BIOGRAPHIES Saturday 13th October 2018

Ann Jacklin

NHS Improvement



Ann is a leading UK pharmacist with national and executive level NHS experience in leadership and management across pharmacy and other professional groups including nurses, medical staff and allied health professionals.

Ann spent 31 years working in hospital pharmacy in London culminating in being the Chief of Service for Pharmacy & Therapies at Imperial College Healthcare NHS Trust until 2012. In this role, she established a joint research centre between the Trust and University College London School of Pharmacy, the Centre for Medicines Safety and Service Quality, which she continues to chair.

Ann has worked on operational productivity with Lord Carter since October 2014, initially as the professional lead for the acute trust Hospital Pharmacy & Medicines Optimisation review. Since 1 March 2017 Ann has been the professional lead for the medicines, pharmacy and pathways elements of the mental health and community services review which was published in May 2018.

Ann holds visiting Chairs at University College London School of Pharmacy and, Imperial College London and is the pharmacist on the London Clinical Senate Council.

Giles Berrisford

Associate National Clinical Director for Perinatal Mental Health, NHS England



Dr Giles Berrisford is the lead clinician working within the Perinatal Mental Health Service at Birmingham and Solihull Mental Health NHS Foundation Trust, within a ten bedded inpatient mother and baby unit.

Dr Berrisford is also the Joint Associate National Clinical Director for Mental Health (Perinatal) with NHS England and the Chair of the Perinatal Mental Health Clinical Reference Group advising NHS Specialised Commissioning. Dr Berrisford is the Vice-Chair for the Perinatal Faculty of the Royal College of Psychiatrists and is Chair of the national charity Action on Postpartum Psychosis.

Allyson Coogan

Senior Mental Health Lead, Exchange House Ireland National Travellers Service



Dr Allyson Coogan is a Registered Psychotherapist and head of mental health services at Exchange House Ireland. Trained in Canada, she has a strong background in mental health and addictions and holds certification in EMDR and CISM, as well as advanced trauma training. As a therapist and consultant, Allyson has her professional focus in the areas of: acute trauma, developmental/complex trauma and the impact of trauma on professionals and on mental health services. Allyson provides training, clinical consultation and supervision to mental health professionals and organizations. Her theoretical framework is trauma-informed and strength-based.

Allyson is an experienced training facilitator who has educated medical professionals, those in social service/mental health and front line community workers in trauma and addiction. She is known for her direct and lively style and her ability to translate complex theories about traumatic responses into relevant practices for post-traumatic growth in vulnerable populations. Allyson's engaging story telling – plus her wry sense of humour – creates a compelling presence in any presentation she delivers!

SPEAKER BIOGRAPHIES Saturday 13th October 2018

Robert J Flanagan

King's College Hospital NHS Foundation Trust



Professor Flanagan is Consultant Clinical Scientist, Precision Medicine, King's College Hospital NHS Foundation Trust and Visiting Professor in Psychosis Studies, Institute of Psychiatry, Psychology, and Neurology, King's College London. He has published over 250 scientific papers and five books. Particular interests have been treatment of mental illness especially as regards use of antipsychotics, notably clozapine, and the diagnosis of substance abuse, especially misuse of volatiles such as butane. He has acted as a consultant to the United Nations Office for Drugs and Crime and to the World Health Organization. He is a Fellow of the Royal Society of Chemistry, of the Royal College of Pathologists, and of the Royal College of Physicians of Edinburgh and an Honorary Fellow of the College of Mental Health Pharmacy. He is a past-President of the British Academy of Forensic Sciences.

Tina Campbell

Devon Partnership NHS Trust



Tina is the chief pharmacist at Devon Partnership NHS Trust and works as the Associate Director for Medicines Optimisation. She is also faculty lead for the Getting the Medicines Right work stream within the South of England Improving Quality and Safety in Mental Health Collaborative. She is Honorary Secretary of the College of Mental Health Pharmacy (CMHP). Tina is also a member of the Q Community.

Tina trained as a Patient Safety Officer at the Institute for Healthcare Improvement (IHI) in Boston in 2008; she has experience of and has been actively involved in and led a variety of QI projects at local, regional and national level. Special interests include medicines reconciliation, reducing harm from missed or omitted doses, Global Trigger Tools, and developing and operating an open and learning culture. She has experience of running and participating in SCORE (Safety, Communication, Operational Reliability

& Engagement Survey) and other safety climate surveys. Just recently this list of interests has expanded to include an interest in human factors and simulation and she has recently successfully completed an advanced simulation instructor training course through Bristol Medical Simulation Centre (April 2016). Current projects include testing transferability of simulation train the trainer programmes into mental health settings and helping to embed QI into the core design of her organisation's Quality Delivery Plan.

Joanne Woodward

North West Boroughs Healthcare NHS Foundation Trust



Joanne is a registered pharmacy technician with over 15 years' experience in hospital pharmacy, predominantly in mental health. After working for 7 years as senior pharmacy technician for North West Boroughs Healthcare and setting up the pharmacy clinical trials service, she then moved into clinical research.

In 2016 Joanne became the first pharmacy technician to be awarded an Integrated Clinical Academic studentship by the National Institute for Health research. Joanne has just returned to work full-time after completing a Masters in Clinical Research at the University of Manchester and is currently working as a researcher, study co-ordinator and principal investigator in a variety of commercial and academic research projects.

SPEAKER BIOGRAPHIES Saturday 13th October 2018

Richard Keers

The University of Manchester



After qualification as a pharmacist, Richard spent his early career practising in general hospital before moving to mental health care. Following a Clinical Diploma in 2011, in 2014 he completed a PhD exploring medication safety in hospitals whilst working part time as a mental health clinical pharmacist. In 2017, he also completed a Postgraduate Certificate in Higher Education and registered as a Fellow with the Higher Education Academy.

Today, Richard is a clinical lecturer in pharmacy at The University of Manchester where he combines teaching, research and clinical practice in mental health pharmacy. He has received funding grant awards and/or publishes academic research papers focusing on medication safety in general hospitals, primary care, prisons and mental health settings, and he teaches clinical pharmacy and patient safety topics at both undergraduate and postgraduate level.

In 2017, Richard was accepted as Research Portfolio Holder on the College of Mental Health Pharmacy (CMHP) Council.

Hannah Beba

County Durham and Darlington NHS Foundation Trust



Hannah Beba is a senior pharmacist for diabetes and endocrinology at County Durham and Darlington NHS Foundation Trust. Hannah sits on the United Kingdom Clinical Pharmacy Associations Endocrine Committee, the Diabetes Clinical Advisory Group Committee for County Durham and Darlington and chairs the Medical Pharmacists Group Committee for her NHS trust. This allows her to take an active role designing and shaping regional and national agendas, aiding guideline development and delivering quality education both locally and nationally.

Hannah retains a predominantly clinical role and is an independent prescriber; she is working towards becoming a consultant pharmacist. Hannah has been independently practicing in clinics for many years, latterly in diabetes/endocrine clinics across both primary and secondary care.

Hannah is interested in delivery of better integrated care for diabetic patients and recent projects have involved delivery of a specialist-led diabetic clinic in primary care and an engagement project with community pharmacy.

Juliet Shepherd

2gether NHS Foundation Trust



Juliet Shepherd is the current President for the College of Mental Health Pharmacy but only became a credentialed member in October 2017 after avoiding it for many years.

She works as a clinical pharmacist at 2gether NHS Foundation Trust in Herefordshire.

SPEAKER BIOGRAPHIES Sunday 14th October 2018

Robbie Turner

Director for England, Royal Pharmaceutical Society



Robbie is director for England at the Royal Pharmaceutical Society where he is responsible for leading; advocacy on behalf of the profession, policy development and member engagement across England. With a focus on how to support pharmacists in their role as clinical and system leaders he is working to ensure that the skills of the profession are best used to support improved patient care.

He is also a trustee of the independent charity Pharmacist Support.

Christine Villesen

Mental Health Center Sct. Hans Capital Region of Denmark



Christine is a clinical pharmacist at Mental Health Center Sct. Hans in the Capital Region of Denmark and the Psychiatric Geriatric units in the Zealand Region of Denmark. After a placement abroad at the Unit for Medication Outcomes Research and Education (UMORE), School of Pharmacy, University of Tasmania, she obtained her master's Degree in Clinical Pharmacy from the Faculty of Pharmaceutical Sciences, University of Copenhagen in 2006. She has over 10 years' experience working in hospital pharmacy in various settings in Denmark including two years as a research assistant part time at Multidisciplinary Pain Centre, Rigshospitalet and the department of pharmacology and pharmacotherapy, section of Clinical Pharmacy, University of Copenhagen.

Her areas of interest and experience are psychopharmacology, substitution therapy, forensic psychiatry, chronic non-malignant pain management and medicines management in the elderly patient with multiple comorbidities. Christine

was part of the national project "regional interdisciplinary teams regarding medication in Psychiatric Care" which has been the stepping stone for implementing clinical pharmacy in the mental health service in Denmark. Besides being a clinical pharmacist, Christine lives 300 meters from the North Sea in the area known as Cold Hawaii, Klitmoeller. Here she enjoys the local community, the surf and baking pizza in her woodfired stone oven from a home-made food truck.

Dr Naoko Arakawa

Assistant Professor in International Pharmacy, University of Nottingham



Dr Arakawa obtained her Bachelor in Pharmacy from the Meiji Pharmaceutical University, Japan, and became a registered pharmacist in Japan in 2002. She worked in hospital for 7 years and community pharmacy for over 1 year in Japan. She moved to the UK for her postgraduate study in 2010, and obtained Master of Science in Clinical Pharmacy, International Practice and Policy with distinction from the University College London (UCL) School of Pharmacy in 2011. She completed her PhD at the UCL School of Pharmacy in 2016, and her thesis was entitled 'Global Pharmacy: A Comparative Exploration and Analysis of Initial Professional Education'.

Dr Arakawa undertook a role of the International Lead at the Royal Pharmaceutical Society for UK-Japan collaborative programme between 2016 and 2018. She is currently serving for the International Pharmaceutical Federation (FIP) as an elected ExCo (Executive Committee) member of the

Academic Pharmacy Section.

Dr Arakawa has research interests in pharmacy education and workforce development, and pharmacist roles in public health and patient care, especially using needs-based and problem-solving approach towards better health outcomes of populations.

SPEAKER BIOGRAPHIES Sunday 14th October 2018

Dr Hayley Gorton

Winston Churchill Memorial Trust (WCMT) Fellow 2018



Hayley is a researcher and community pharmacist. Last year, she was awarded her PhD for her epidemiology research on the risk of self-harm, suicide and other unnatural death in people with epilepsy. Researching suicide made Hayley reflect on her role as a community pharmacist, and what she would do if someone was in crisis. This has culminated in blogs and talks aimed at the pharmacy profession, including here at the CMHP annual conference in 2016. Hayley will update you on progress since then, focussing on her Winston Churchill Memorial Trust (WCMT) travel fellowship, which took her to North America to research exactly this.

She will describe her journey and findings from this fellowship, which took her to New York, Nova Scotia and Washington. On the journey, she met with researchers, pharmacy teams, other healthcare professionals and charities to discuss the role of community pharmacy teams in suicide prevention. The trip ended in Washington state, where last year it became a legal requirement for pharmacists to have suicide prevention training. She will present the reflections of her journey, and some comparisons to current research she is leading at the University of Manchester.