

The College of Mental Health Pharmacy (CMHP) has the overall objective of advancing education and research in the practice of mental health pharmacy. The five key aims of the organisation are:

1. To support, develop and encourage the safe, effective and economical use of medicines for people with mental health problems.
2. To recognise advanced levels of practice through credentialing of our members and inform the wider process of credentialing within pharmacy as a whole.
3. To ensure the sharing of good practice and learning and to identify and prioritise areas for audit, research and development at local and national levels.
4. To enhance the awareness of mental health problems and their management in all care sectors.
5. To ensure the future of the College of Mental Health Pharmacy as a charitable organisation.

If you would like further information about the CMHP or its work, including how to become a member, please speak to one of the speakers during the course, or visit the website at www.chmp.org.uk.

College of Mental Health Pharmacy is a Company
Limited by Guarantee registered in England

Company Registration No. 7124743

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Psych Techs

Inspirational Working Practice in Mental Health

21st September 2018

**Radisson Blu
Holloway Circus
Birmingham
B1 1BT**

Programme

- 9.30 Arrival and Coffee
- 9.45 Welcome and Introductions
Neelam Sharma
- 10.15 Technician-led Medicines Administration Pilot
Feedback
Claire Butler
- 11.15 Coffee
- 11.30 How I wrote the article 'Pharmacotherapy in women of childbearing age'
Neelam Sharma
- 12.30 Lunch
Networking
- 13.30 An Introduction to Research and Evidence Based Practice
Joanne Woodward
- 14.30 Post-graduate training
Gabriele Straw
- 15.00 Coffee
- 15:15 Innovative practices & Medicines Optimisation
Emma Russell & Annabel Black
- 16.15 Plenary

Speakers

NEELAM SHARMA *Camden and Islington Foundation Trust*

Course Leader; Bipolar Disorder: pharmacotherapy in women of childbearing age & Writing for publication.

Neelam is the Chief Pharmacy Technician at Camden & Islington FT and has worked in mental health for 15 years. Neelam leads the dispensary, ward and community technical services. Neelam is the Pharmacy Technician member on the CMHP council. She has written various educational material for training pharmacy, nursing and medical staff and has previously run the London Pharmacy Education & Training Introduction to mental health study day. She will be speaking about her experience of writing an article for the Pharmaceutical Journal and giving ideas of how you can write for publication.

CLAIRE BUTLER *Brighton and Sussex Partnership Trust*

Technician-led Medicines Administration and Education

Claire has been a Specialist Mental Health Technician with Brighton and Sussex Partnership Trust for eight years and a technician in various guises since 1999. Claire knew she had found her calling working at Millview Hospital in 2009, discovering a passion for connecting with service users and introducing local university students to the world of mental health pharmacy.

JOANNE WOODWARD *North West Boroughs Healthcare NHS FT*

An Introduction to Research and Evidence Based Practice

Joanne is a Registered Pharmacy Technician with over 15 years' experience in hospital pharmacy, predominantly in mental health. After 7 years working as Senior Pharmacy Technician for North West Borough Healthcare and having responsibility over the pharmacy clinical trials service, she then moved into clinical research. In 2016, Joanne was awarded an Integrated Clinical Academic studentship by the National Institute for Health research, and is currently working part time as a researcher and study coordinator whilst studying for a Masters in Clinical Research at the University of Manchester.

GABRIELE STRAW *Avon and Wiltshire Mental Health Partnership NHS Trust (AWP)*

Postgraduate Certificate in Psychiatric Therapeutics - Aston University

Gabriele is a Medicines Management Lead Technician and has been working in mental health for several years. She trained as a pharmacy technician in Germany in 1983 and has worked in pharmacies and pharmaceutical companies in Germany. Since 2012 she has been registered here in England and has worked as a MMT at the Great Western Hospital in Swindon prior to her employment with the AWP. She started the post graduate certificate in January and will speak about the course and the benefits of extending her knowledge in this specialism.

ANNABEL BLACK *Leeds & York Partnership Foundation Trust*

Innovative practices & Medicines Optimisation

Annabel is a Community Mental Health Pharmacy Technician. She started as a student technician at LYPFT. After completing her training she stayed on and has now completed 8 years there. She spent the last few years working as a medicines management technician (with a sneaky 8 months holiday travelling). Annabel was asked if she would be interested in a new role working in the community. This involves working closely with the clozapine clinics, GPs and Intensive Community Services. This has been a welcome challenge and she has enjoyed the freedom this role has given to pilot new schemes, ideas, take up new training opportunities and meet a wide range of people from staff to the patients.

EMMA RUSSELL *Leeds & York Partnership Foundation Trust*

Emma started working in pharmacy in 2010 as a counter assistant. After getting a feel for the environment she pursued training in community pharmacy. This eventually took her to Leeds (with her now husband) where she qualified as a pharmacy technician in 2015 and moved to St James' acute hospital. After a year of Elderly Ward Support she took a job with LYPFT mental health trust as a community technician working with Clozapine clinics, CMHT and GPs. This is her first experience of mental health but she is finding the job rewarding, interesting and she can see many more years to come.