

## Speakers

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### **Andrew Down. Course Leader; Personality Disorders**

Andrew is the Deputy Chief Pharmacist for Worcestershire Health and Care NHS Trust and an independent prescriber. He is a credentialed Member of the CMHP and previously served on the CMHP Council. He is an assessor for case presentations on the Diploma in Psychiatric Pharmacy.

### **Jennifer Scott. Substance Misuse**

Jenny is pharmacist with a teaching, research and practice interest in addiction. She is a senior lecturer at the University of Bath and lead pharmacist for Turning Point, where she runs a weekly clinic as a non-medical prescriber

### **Nikki Holmes. Forensic Mental Health**

Nikki is the Head of Pharmacy for forensic services of Nottinghamshire Healthcare NHS FT. She is a credentialed Member of the CMHP and has worked in forensic mental health for over a decade, both in the UK and in NZ. She has been the President of the CMHP and is also an external marker and facilitator for the MSc in Psychiatric Pharmacy Practice at Aston University.

### **Rachel Brown. Child and Adolescent Mental Health**

Rachel is the Clinical Lead Pharmacist for Oxford Health NHS Foundation Trust and has worked in mental health for 14 years. She runs the Trust's Medicines Information Service and is lead pharmacist for the Children and Young People's Directorate. Rachel is a credentialed member of the College of Mental Health Pharmacy.

### **David Branford. Learning Disabilities**

David has been a leading clinical pharmacist in mental health care, learning disabilities and a non-medical prescriber. He has participated in and led many of the developments of MH pharmacy. A Fellow of the CMHP and the RPS, previous Chairman of the RPS English Pharmacy Board, author, winner of many awards and a part of the Winterbourne programme he is in a unique position to provide an oversight of the issues facing medicines use in learning disabilities.

### **Celia Feetam. Eating Disorders**

Celia is an independent specialist mental health pharmacist. She was the previous Programme Lead for the Certificate in Psychiatric Therapeutics, Diploma in Psychiatric Pharmacy and MSc in Psychiatric Pharmacy Practice at Aston University, and Course Leader for Psych 1 for many years. She is also a past Chair of the United Kingdom Psychiatric Pharmacy Group, and a past President of the CMHP. She is a Fellow of the CMHP and RPS.



## Advancing Practice in Mental Health Pharmacy

The College of Mental Health Pharmacy (CMHP) is a charity which aims to benefit individual care through advancing education and research in the practice of mental health pharmacy.

The key aims of the CMHP Strategy are:

1. **Leading the way in education and research for mental health pharmacy.**
2. **Making sure mental health pharmacy is represented by members who are well informed**
3. **Sharing our expertise in mental health pharmacy**

If you would like further information about the CMHP or its work, including how to become a member, please speak to one of the speakers during the course, or visit the website at [www.chmp.org.uk](http://www.chmp.org.uk).

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Company Registration No. 7124743

Registered Charity No. 1141467

Registered address: ASL Consultancy, 23 Southway, Burgess Hill, West Sussex. RH15 9SY

## Psych 2

## Mental Health Specialities & Medicines Management

8<sup>th</sup> and 9<sup>th</sup> June 2018

**Radisson Blu  
Holloway Circus  
Birmingham  
B1 1BT**



**CMHP**  
College of Mental Health Pharmacy

## Day 1 Topics

### Diploma Presentations

Students on the Diploma in Psychiatric Pharmacy are provided the opportunity to present case studies for assessment. The work is relevant to psychiatric pharmacy practice and will be of interest.

### Substance Misuse. Jennifer Scott

Objectives:

- Review the evidence base that underpins the provision of opiate substitution therapy (OST)
- Understand best practice in induction, titration and stabilisation of patients in OST.
- Consider key drug safety issues regarding OST including the use of high dose methadone, drug interactions and the management of pain.

### Forensic Mental Health. Nikki Holmes

Objectives:

- To understand the definition of forensic in the context of psychiatry.
- To recognise some sections of the MHA commonly seen in forensic psychiatry.
- To be able to describe some key considerations when prescribing for this population, including with clozapine.
- To develop an understanding of the roles of the pharmacist in this setting.

### Personality Disorders and Self-Harm. Andrew Down

Objectives:

- Understand the clinical presentation of different personality disorders and their diagnostic criteria.
- Consider the place for pharmacological management of personality disorders.
- Be aware of relevant guidance.
- Explore the role of a medicines specialist in the management of personality disorders.
- Consider self-harm, which is separate to personality disorder, but often linked in people's minds!

## Day 1

9.30 *Arrival and coffee*

10.00 **Welcome and introductions**

10.30 **Substance Misuse**

12.30 *Lunch*

13.15 **Forensic Mental Health**

15.15 *Coffee*

15.30 **Personality Disorders and Self-Harm**

17.30 **Diploma Presentations**

*Finish for the day...*

## Day 2

9.00 **Introduction to the day**

9.15 **CAMHS**

11.15 *Coffee*

11.30 **Learning Disabilities**

13.30 *Lunch*

14.15 **Eating Disorders**

16.15 *Coffee*

16.30 **Plenary and Discussion**

17.00 *Close*

## Day 2 Topics

### Child and Adolescent Mental Health.

#### Rachel Brown

Objectives:

- Understand the main prescribing issues in CAMHS (off-label/consent/cautions).
- Increase awareness of NICE guidelines for CAMHS.
- Understand the general principles for the pharmacological management in children and young people with psychosis; depression; and ADHD.

### Learning Disabilities. David Branford

Objectives:

- To have an understanding of the LD population.
- To have an understanding of the health and behavioural problems associated with LD and their management.
- To have an understanding of the problems associated with undertaking clinical trials in this area.

### Eating Disorders. Celia Feetam

Objectives:

- Be aware of the presentation and diagnostic criteria of the various eating disorders.
- Have a knowledge of the associated morbidity and mortality.
- Be aware of current guidelines regarding the management of eating disorders.
- Understand the place of medicines in the treatment of bulimia and anorexia.
- Be able to describe the potential role of a pharmacist in the management of anorexia.

