



**CMHP**  
College of Mental Health Pharmacy

# 8th Annual International Psychiatric Pharmacy Conference of the College of Mental Health Pharmacy

13th - 15th October 2017  
The Midland Hotel, Manchester

Advancing Practice in Mental Health Pharmacy  
**Programme**



With thanks to our 2017 Corporate Partners for their generous support



CMHPUK

[www.cmhp.org.uk](http://www.cmhp.org.uk)



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Our corporate partners have provided financial support for venue hire, catering and/or exhibition space. They have had no influence over speaker selection and content of the meeting agenda aside from separate company sponsored satellite symposiums clearly marked in the programme.

## Friday 13th October 2017

10.00	<b>Arrival and Registration</b>
10.15	<b>Medical and Poster Exhibition Opens</b>
10.40	<b>Conference Opening:</b> Nikki Holmes, CMHP President
10.45	<b>Plenary Session, Chair's Welcome &amp; Introduction:</b> Mike Chitty, Head of Applied Leadership, NHS Leadership Academy
11.15	<b>CMHP Memorial Lecture:</b> Kathryn Murray, Clinical Trials Pharmacist, NHS Wales
12.00	<b>Resilience Coaching:</b> Susan Botfield, Director, Four Pillars Coaching
13.00	<b>Britannia Pharmaceuticals Satellite Symposium in Main Auditorium:</b> Britannia Pharmaceuticals in Partnership with HORIBA Medical UK: Denzapine ( clozapine) and Near Patient Testing- a Demonstration of the Yumizen H500 5 Part Analyser- Liz Roberts, Head of Mental Health Business Unit ( Britannia) and Mandy Campbell, Sales and Marketing Manager (HORIBA)
	<b>Or Buffet Lunch with Medical Exhibition and Poster Viewing</b>
14.00	<b>Plenary Session, Chair's Introduction:</b> Peter Pratt, Chief Pharmacist, Sheffield Health and Social Care NHS Foundation Trust
14.15	<b>Learning Disabilities and Physical Healthcare:</b> Dr David Branford, RPS English Pharmacy Board Member
15.15	<b>Refreshments with Medical Exhibition &amp; Poster Viewing</b>
15.45	<b>Psychoactive Drug-Related Deaths:</b> Dr Owen Bowden-Jones, Consultant Psychiatrist, Central North West London NHS Foundation Trust
16.30	<b>Plenary Session:</b> Discussion and Question & Answer Session with the Chair and Afternoon's Speakers
17.15	<b>Janssen Satellite Symposium in Main Auditorium:</b> Healthcare Resource Utilization Data and Broader Outcomes in Schizophrenia
18.00	<b>Informal Dinner in The Trafford Suite</b>
18.30	<b>Medical and Poster Exhibition Closes</b>
19.15 - 20.15	<b>Annual General Meeting of CMHP in Main Auditorium</b>

CMHP thanks all our sponsors and exhibitors, and all those involved in the plenary and workshop sessions for supporting the Annual International Psychiatric Pharmacy Conference 2017.

CMHP are delighted to support YoungMinds Registered charity numbers 1016968 & SC039700 in 2017.

## Saturday 14th October 2017

08.00	<b>Otsuka Pharmaceutical Europe Ltd Satellite Symposium in The Victoria Suite</b>
08.45	<b>Medical and Poster Exhibition Opens</b>
08.40	<b>Conference Welcome:</b> Nikki Holmes, CMHP President
08.45	<b>Plenary Session, Chair's Introduction:</b> Dr David Branford, RPS English Pharmacy Board Member
09.00	<b>Pharmacy Practice Oral Presentations: (5 presentations, 20 minutes each)</b> <ol style="list-style-type: none"><li>1. A Virtual Learning Community for Mental Health Pharmacists: Lisa Ainsworth, Lancashire Care NHS Foundation Trust</li><li>2. Reviewing Antipsychotics Prescribed for Challenging Behavior in People with an Intellectual Disability: Bernadette Bennie, NHS Greater Manchester Commissioning Support Unit</li><li>3. Utilising Personal Trainers and Peer-Support to Improve Physical Health and Promote Recovery Among EIP Clients: Camilla Sowerby, Berkshire Healthcare NHS Foundation Trust</li><li>4. A Prescribing Quality Improvement Programme (QIP): Reducing Antipsychotic High Dose and Combination Therapy Across Acute Adult Inpatient Wards: Asta Prajapati, Norfolk and Suffolk NHS Foundation Trust</li><li>5. Embedding the role of the Medicines Safety Officer in a Mental Health Trust: Seema Shah, West London Mental Health NHS Trust</li></ol>
10.40	<b>Refreshments with Medical Exhibition &amp; Poster Viewing</b>
11.00	<b>Practice-Based, Meaning Making and the Place of Medication:</b> David Rogalski, Lead Pharmacist, Camden & Islington NHS Trust
11.40	<b>Physical Health in Mental Health for Primary and Secondary Care:</b> Kate Dale, Physical Health Project Lead, Bradford District Care Trust
12.20	<b>Patient Choice in the Guideline Era: The Medicolegal Consequences:</b> Dr John Coates, Principal Lecturer, The Education and Training Network Mental Health
13.00	<b>Lundbeck UK Satellite Symposium in The Victoria Suite</b>
	<b>Or Buffet Lunch with Medical Exhibition - Poster Viewing and Judging</b>
14.00	<b>Afternoon Workshops: (a choice of workshops running in parallel)</b> <ol style="list-style-type: none"><li>1. Resilience Coaching; Susan Botfield, Four Pillars Coaching</li><li>2. RPS Workstreams; Dr David Branford, RPS English Pharmacy Board Member</li><li>3. Dealing with Suicide Disclosure, Dan White</li><li>4. Patient Choice in the Guideline era - The Medicolegal Consequences - Case studies; Dr John Coates, Principal Lecturer ETN Mental Health</li><li>5. Renal Issues; Maria Martinez, Consultant Renal Transplant Pharmacist, University Hospitals of Leicester NHS Trust</li><li>6. Aston Diploma Presentations</li></ol>
15.30	<b>Refreshments with Medical Exhibition &amp; Poster Viewing</b>
16.00	<b>Medical and Poster Exhibition Closes</b> (Please collect your posters immediately)
16.00	<b>Yo'tism, a practical example of Yoga for autism:</b> Veronika Pena de la Jara (one hour session, bring comfortable clothes)
19.00	<b>2017 CMHP Awards</b> Pre-Dinner Drinks at 19.00 in The Alexandra Suite Bar followed by Dinner and Awards at 19.30

Programme: 8th Annual International Psychiatric Pharmacy Conference of CMHP  
Theme: A Wider Perspective

## Sunday 15th October 2017

08.50	<b>Morning Worship - Pause for Reflection in The Houghton Suite:</b> Marion Wetherill
09.25	<b>Conference Opening:</b> Nikki Holmes, CMHP President
09.30	<b>Plenary Session, Chair's Introduction:</b> John Donoghue, Medicines in Mental Health Ltd
09.45	<b>Clozapine-induced GI hypo-motility (CIGH):</b> Dr Lewis Couchman, Facility Director, Analytical Services International Ltd
10.30	<b>Refreshments</b>
11.00	<b>Cardiometabolic/Physical Care in SMI – pharmacist led service:</b> Dolly Sud, Pharmacist, Leicestershire Partnership NHS Trust
11.45	<b>MDMA Psychotherapy: Psychiatry's New Antibiotic for Tackling Trauma:</b> Dr Ben Sessa, Consultant Addiction Psychiatrist and Psychedelic Researcher Bristol, Cardiff and Imperial College London Universities
12.30	<b>Closing Remarks, Conference Summary &amp; Farewell:</b> Nikki Holmes, CMHP President
13.00	<b>Conference Closes</b>

CMHP secures non-promotional and unrestricted educational grants from our corporate partners in order to support our educational activities. For more information on our Corporate Partnership Scheme please visit our website [www.cmhp.org.uk](http://www.cmhp.org.uk) The CMHP works with the pharmaceutical industry who work within the ABPI Code of Practice. The CMHP is a Registered Charity and aims to ensure the best treatment with medicines for people with mental health needs. The College believes that pharmaceutical care for people with mental health problems is improved by providing pharmacy team members with high quality education and support about mental health conditions and their management. See [www.cmhp.org.uk](http://www.cmhp.org.uk) for details.

Working in partnership with:

Aston University

British Association for Psychopharmacology

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Mental Health Research Network

Prescribing Observatory for Mental Health

Royal Pharmaceutical Society

The National Association of Psychiatric Intensive  
Care Units

United Kingdom Clinical Pharmacy Association

University of Bath

### Registration Fees

To view fees and to register online, visit: [www.kc-jones.co.uk/cmhp2017](http://www.kc-jones.co.uk/cmhp2017)

You must be a paid member at the time of booking AND attendance for the member rate to apply. The CMHP would encourage all delegates to attend as full weekend delegates to benefit from all aspects of the conference and networking opportunities that take place.

### Financial Hardship

As a charitable organisation, the CMHP can provide a limited number of membership subscriptions or reduced conference attendance fees for applicants with extreme financial hardship. To request a waiver of the application fee, contact [membership@cmhp.org.uk](mailto:membership@cmhp.org.uk) stating details of the financial hardship. Your request will be reviewed and a determination will be made regarding payment.

### Cancellation Policy

We regret that we have to make a charge for cancelled registrations. If CMHP is notified of the cancellation of the reserved place giving six weeks or more notice prior to the event, 25% of the fee will be retained. From six to three weeks prior to the event, 50% will be retained. If between three and one week's notice is given of the cancellation for the reserved place for a CMHP event, 100% will be retained. There is no refund for non-attendance, whereupon the full fee will remain payable. The CMHP reserves the right to cancel meetings and to return the registration fee. The CMHP cannot be held responsible for any losses resulting from such cancellation; however caused. Every effort is made to ensure the final conference contents match the advertised draft as far as possible. However changes can be out of CMHP's control. No recompense will be made based on changes to the Programme.

### Photography

The CMHP reserves the right to use any photograph/video taken at this event without the expressed written permission of those included within the photograph/video. CMHP may use the photograph/video in publications or other media material produced, used or contracted by CMHP including but not limited to: brochures, invitations, newspapers, magazines, websites, etc. To ensure the privacy of individuals, images will not be identified using full names or personal identifying information without written approval from the photographed subject. A person attending this event who does not wish to have their image recorded for distribution should make their wishes known to the photographer, and/or the event organisers, and/or contact CMHP at [cmhp@kc-jones.co.uk](mailto:cmhp@kc-jones.co.uk) in writing of his/her intentions and include a photograph. CMHP will use the photo for identification purposes and will hold it in confidence. By participating in this event or by failing to notify CMHP in writing, your desire to not have your photograph used by CMHP, you are agreeing to release, defend, hold harmless and indemnify CMHP from any and all claims involving the use of your picture or likeness. Any person or organisation not affiliated with CMHP may not use, copy, alter or modify CMHP photographs, graphics, videography or other, similar reproductions or recordings without the advance written permission of an authorised designee from CMHP. Thank you for your understanding and cooperation.

**The following Pharmaceutical Companies: Britannia Pharmaceuticals Ltd, Janssen, Lundbeck and Otsuka have provided financial support for venue hire, catering and/or exhibition space. They have had no influence over speaker selection and content of the meeting agenda aside from separate company sponsored satellite symposiums clearly marked in the programme.**