



College of Mental Health Pharmacy

Incorporating UK Psychiatric Pharmacy Group

The largest psychiatric pharmacy group in the world
“Promoting better pharmaceutical care for people
with mental health needs”

Annual Psychiatric Pharmacy Conference Programme

Friday - Sunday 22 - 24th October 2010

Hinckley Island Hotel,
A5, Watling Street, Hinckley, Leicestershire
LE10 3JA United Kingdom
Tel: 01455 631122



Friday 22 October

- 10.30 Exhibition opens
- 11.30-12.15 **Satellite Symposia:** (Packed lunches available)
Janssen-Cilag – Paris Suite ;
“Long Term Management of Schizophrenia : Depots. Good or Bad ?”
Dr David Taylor; (Institute of Psychiatry, London)
Eisai/Pfizer – Lakeside Suite ;
“In the community: New initiatives for the support of patients and their carers.”
Prof John Weinman; (Institute of Psychiatry, London)
- 11.30-12.45 Lunch
- Afternoon Plenary Session (Paris Suite)**
- 12.30 **Welcome and introductions:**
Stephen Guy, President of the CMHP
- 12.45-13.45 **Keynote Speaker Comparing Harm- Illicit Drugs;**
Professor David Nutt, Imperial College, London.
(5 minute room change)
Delegates select the Parallel Session of their Choice
- 13.50-17.00 **Parallel Sessions: Joint Symposium with British Association of Psychopharmacology**
- Clinical Dilemmas (Paris Suite)**
Chair Professor David Nutt, Imperial College, London.
- 13.50-14.40 **The Effects of Cigarette Smoking on Cognitive Function in Schizophrenia;**
Dr Ruth Barr, Consultant Psychiatrist Belfast Health & social Care Trust
- 14.40-15.10 Afternoon Tea, Medical Exhibition and Poster Exhibition
- 15.10-15.55 **Are antidepressants better than placebo?**
Professor Philip Cowen, Honorary Consultant Psychiatrist, MRC Clinical Scientist, Department of Psychiatry, University of Oxford
(5 minute room change)
- 16.00-16.45 **Bipolar depression: controversies in diagnosis and treatment;**
Dr Daniel J Smith, University Hospital of Wales
- 16.45 Summary and Round up.
- Beyond the Drugs (Lakeside Suite)**
Chair; Dr Gavin Reynolds, Queen's University Belfast,
- 13.50-14.40 **Cognitive impairment in Schizophrenia;**
Dr Richard Drake, Senior Lecturer University of Manchester
- 14.40-15.10 Afternoon Tea, Medical Exhibition and Poster Exhibition
- 15.10-15.55 **The BALANCE study implications for Practice;**
Professor Guy Goodwin, University of Oxford
(5 minute room change)
- 16.00-16.45 **Neurobiology of Depression;**
Dr Morgan Haldane, Consultant Psychiatrist, Institute of Psychiatry, London
- 16.45 Summary and Round up.
- 17.15 **Satellite Symposia:**
Bristol Myers Squibb/Otsuka – Paris Suite;
Sedation: Side effect or treatment? *Prof Guy Goodwin (Oxford)*
Servier – Lakeside Suite ;
Why don't people take their antidepressants? 1. Do they actually work? *Prof David Taylor (Institute of Psychiatry);* 2. Do they take them? *John Donoghue (Liverpool)*
- Evening**
- 17.00-18.30 Medical Exhibition and Poster viewing
- 17.30-19.30 Dinner
- 19.45 AGM for CMHP (Executive Suite) followed by
- 21.00 Impromptu Musical Extravaganza! Special Guest Stars! (Lakeside Suite)
Contact Promoter Stephen Bazire for further details

Saturday 23 October

- 8.00-9.00 Satellite breakfast meetings (Light breakfast available);
Lundbeck - Lakeside Suite;
**The need to reduce antipsychotic use in people with dementia:
Interim audit results and alternative recommendations;**
Dr Simon Wright, Rotherham. Chaired by Dr Denise Taylor, University of Bath
Novartis - Room 11;
Managing TRS in the new NHS – meeting the challenges (an interactive symposium);
Dr Mark Davies
Morning Plenary Session (Paris Suite)
Developments in Practice
*Chair: Jonathan Mason National Clinical Director for Primary Care and Community Pharmacy,
Department of Health*
- 9.00-9.40 **A Look over the Horizon;**
Dr Catherine Duggan, Programme Director, Advanced Pharmacy Practice Programme
- 9.40-10.45 **Pharmacist and technician presentations of research work and activities**
- 9.40-9.55 **Is the prescribing of antipsychotic medication to elderly care home residents affected by the
institutional characteristics of the home? An observational study based in a community pharmacy;**
Andy Pothecary, Jersey, Channel Islands
- 9.55-10.10 **Knowledge and perceptions of qualified and student teachers towards ADHD and the role
of medication;**
Gazala Akram, NHSS GG & Clyde
- 10.10-10.25 **Getting the Medicines Right 2;**
Paul Davies, Northumberland, Tyne & Wear NHS Trust
- 10.25-10.40 **How to improve medication safety using pharmacist interventions;**
Petra Brown, Manchester MH & Social Care Trust
- 10.45-11.15 Coffee and medical exhibition
Expanding the Medicines Management Skill Mix
- 11.15-11.45 **Organisational cultures that enable innovation: a focus on hospital pharmacy;**
Sangeeta Bassi, Sherwood Forest Hospitals NHS Foundation Trust
- 11.45-12.15 **Introducing electronic prescribing - the Leicestershire experience;**
Anthony Oxley, Pharmacy Services Manager, Leicestershire Partnership NHS Trust
- 12.15-12.45 **Prescribing in Substance Misuse;**
Graham Parsons, Plymouth Teaching Primary Care Trust
- 12.45 **Hot Topics – the CMHP Council;**
Clare Mundell, Cambridgeshire and Peterborough NHS Foundation Trust
- 12.55 **Summing up and Housekeeping;**
Stephen Guy President of the CMHP
- 13.00-14.00 Lunch
- 13.15-14.00 **Satellite Symposium:** Lundbeck; Lakeside Suite (Title tbc)
- 14.00-17.00 **Afternoon Parallel Sessions**
- 15.15-15.45 Refreshment Break for Marketplace, Workshops and Medical Exhibition

• **Market Place (Paris Suite) 14.30-16.30**

• **Workshops 14.00-15.15 OR 15.45-17.00 (Pre-Conference bookings required)**

• **Medical Exhibition (London Suite) 13.00 to 16.30**

Booking REQUIRED for the workshops. Limited Availability

Market Place (Paris Suite)

Best described as "Speed dating at work"! The whole afternoon will be round-table discussions. This will be around 15 tables, each with a leader and a topic. You will be able to choose a table, have 15 minutes on a topic, then move to another table, allowing up to about 5-6 short sessions of your choice. No booking for these sessions is necessary, just relax and pick a few tables of your choice.

Topics are to be confirmed but may include:

Everything you want to know about preparing your CMHP Portfolio

Self administration of medication on in inpatient mental health ward

National Dementia Strategy
Clozapine clinic - seamless care for outpatients
Clinical trials and pharmacy- a rough guide
Using technology to enhance patient experience
"Outsourcing Pharmacy Supply to the Private Sector" - Lessons Learned.
Medicines reconciliation
Pharmacist led groups in specialised Inpatient alcohol detoxification
Choice and medication - how to use the website
Can 'One stop' work in mental health?
IM injections in mental health using MEDUSA

• **And Medical Exhibition (London Suite)**

• **And/or Workshops**

Delegates pre-conference selection of the following workshops:

Diploma Presentations (Rooms 4 & 6);

Celia Feetam, University of Aston

Therapeutic Drug Monitoring (Room 7);

Dr Bob Flanagan, Kings College Hospital, London

Choosing antipsychotics in practice (Room 12);

Dr Paul Deslandes, Whitchurch Hospital, Wales

Turning an Idea into Research (Room 11);

Dr Andrea Taylor, University of Bath

Learning by Quizzes (Room 16);

Alan Pollard, Worcestershire Mental Health Partnership NHS Trust

17.00-17.45

Satellite Symposium;

Merz Pharma UK Ltd – Conference Room 11;

“Could patients be released from clozapine testing in the future?”;

Professor Stephen Bazire (Norfolk) and Dr Andrew Makin

(Medical Director, Merz Pharma UK Ltd)

17.00-18.00

Exercise and Body Combat Class (Body Combat is a fun aerobic style class, non contact, like kick-boxing to music). No previous experience is needed and you pace yourself. Places limited to 25, first come, first served.

Evening

19.00

Drinks reception in the Rotunda


19.30

Evening conference dinner

(formal dress/black tie strongly encouraged i.e. let's keep the dinner something special!)

21.30ish

Ceilidh with the renowned band “Peeping Tom” followed by a disco



As well as the usual, there will be poster sessions (and for advice about posters see our website www.ukppg.org.uk) medical exhibition, pharmacist oral presentations, prizes, surprise events, CMHP AGM, Conference dinner, band, dancing, disco and much, much more, as ever. Don't forget about the swimming pool and gym.

Sunday 24 October

- 9.00-9.30 Morning Worship led by Alan Pollard in the Aviary
Plenary Session (Paris Suite)
Current Issues in Mental Health
Chair: Dr Sue Ambler;
Programme Director Modernising Pharmacy Careers Programme, Department of Health
- 9.30-10.15 **The Brett Hill Memorial Lecture – Jacqui Dillon, Chair, UK Hearing Voices network**
- 10.15-11.00 **Recovery – a Service Users Perspective;**
Patricia Stoll, Training Coordinator; Recovered Service User
- 11.00-11.30 Morning refreshments
- 11.30-12.15 **Daring to Choose; Emer O’Neill, Chief Executive Depression Alliance**
- 12.15- 12.45 **Getting What you Need/Being Noticed?; Neil Patel, Head of Corporate Communications at the Royal Pharmaceutical Society**
- 12.45 **Conference Summary and Farewell; Stephen Guy, President of the CMHP**
- 13.00 Departure





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The CMHP exists to ensure best treatment with medicines for people with mental health needs and their carers through help and support by psychiatric pharmacy in improving pharmaceutical care. This is being achieved by developing educational facilities and accreditation for pharmacists, providing support through local and national resources and a network of support for psychiatric pharmacy including a mentorship programme, regular organised training, bulletins, newsletter, email group and website. Promoting the profile of the specialty of psychiatric pharmacy is also an essential feature of the CMHPs work.

The CMHP believes that:

- Appropriate therapy with medicines helps treat mental health problems, minimises relapse and reduces suicide.
- The aim of the mental health pharmacy team is the safety of patients, by making sure that only those people who need medicines receive them and at the optimum dose.
- All mental health service users should have the support of, and access to, independent education and advice about medicines, preferably from a specialist mental health pharmacy team.

Corporate Partners

(in alphabetical order):



Exhibitors include

(in alphabetical order)

Dallas Ashbourne
Flynn Pharma Ltd
HD Medi
Health Comm UK Ltd
Learning Industries
Lloydspharmacy
Merz Pharma UK Ltd
MSD – Schering Plough
TEVA UK Ltd

Partner organisations

(in alphabetical order)

Aston University in Birmingham
British Association of Psychopharmacology
British Journal of Clinical Pharmacy
Choice & Medication
Mental Health Research Network
POMH - Prescribing Observatory for Mental Health
Spotlight on Schizophrenia
University of Bath

Companies wishing to take part in the Medical Exhibition please contact:

Graham Newton,
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Pharmacy Department
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The CMHP thanks all our sponsors and exhibitors and all those involved in the plenary and workshop sessions for supporting the Annual Psychiatric Pharmacy Conference.

Please complete and return feedback forms.
CPD Verification available from any CMHP Council member.