

Speakers

Andrew Down. Course Leader; Being Bloody Minded; Personality Disorders

Andrew is the Deputy Chief Pharmacist for Worcestershire Health and Care NHS Trust and an independent prescriber. He is a credentialed Member of the CMHP and previously served on the CMHP Council. He is an assessor for case presentations on the Diploma in Psychiatric Pharmacy and is a visiting lecturer at Wolverhampton University.

Nikki Holmes. Forensic Mental Health

Nikki is the Head of Pharmacy for forensic services of Nottinghamshire Healthcare NHS FT. She is a credentialed Member of the CMHP and has worked in forensic mental health for over a decade, both in the UK and in NZ. She is the President of the CMHP, having joined Council in 2013, and is also an external marker and facilitator for the MSc in Psychiatric Pharmacy Practice at Aston University.

David Branford. Learning Disabilities

David has been a leading clinical pharmacist in mental health care, learning disabilities and a non-medical prescriber. He has participated in and led many of the developments of MH pharmacy. A Fellow of the CMHP and the RPS, previous Chairman of the RPS English Pharmacy Board, author, winner of many awards and a part of the Winterbourne programme he is in a unique position to provide an oversight of the issues facing medicines use in learning disabilities.

Amanda Hotston. Eating Disorders

Amanda works in Medicines Information and as a clinical pharmacist for Eating Disorders for Oxford Health NHS Foundation Trust. She has also completed her Certificate in Psychiatric Therapeutics.

Jennifer Scott. Substance Misuse

Jenny is pharmacist with a teaching, research and practice interest in addiction. She is a senior lecturer at the University of Bath and lead pharmacist for Turning Point, where she runs a weekly clinic as a non-medical prescriber.



Advancing Practice in Mental Health Pharmacy

The College of Mental Health Pharmacy (CMHP) has the overall objective of advancing education and research in the practice of mental health pharmacy. The five key aims of the organisation are:

1. To support, develop and encourage the safe, effective and economical use of medicines for people with mental health problems.
2. To recognise advanced levels of practice through credentialing of our members and inform the wider process of credentialing within pharmacy as a whole.
3. To ensure the sharing of good practice and learning and to identify and prioritise areas for audit, research and development at local and national levels.
4. To enhance the awareness of mental health problems and their management in all care sectors.
5. To ensure the future of the College of Mental Health Pharmacy as a charitable organisation.

If you would like further information about the CMHP or its work, including how to become a member, please speak to one of the speakers during the course, or visit the website at www.chmp.org.uk.

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Psych 2

Mental Health Specialities & Medicines Management

9th and 10th June 2017

**Radisson Blu
Holloway Circus
Birmingham
B1 1BT**



CMHP
College of Mental Health Pharmacy

Day 1 Topics

Diploma Presentations

Students on the Diploma in Psychiatric Pharmacy are provided the opportunity to present case studies for assessment. The work is relevant to psychiatric pharmacy practice and will be of interest.

Forensic Mental Health. Nikki Holmes

Objectives:

- To understand the definition of forensic in the context of psychiatry.
- To recognise some sections of the MHA commonly seen in forensic psychiatry.
- To be able to describe some key considerations when prescribing for this population, including with clozapine.
- To develop an understanding of the roles of the pharmacist in this setting.

Learning Disabilities. David Branford

Objectives:

- To have an understanding of the LD population.
- To have an understanding of the health and behavioural problems associated with LD and their management.
- To have an understanding of the problems associated with undertaking clinical trials in this area by an in-depth study of a key paper.

Eating Disorders. Amanda Hotston

Objectives:

- Be aware of the presentation and diagnostic criteria of the various eating disorders.
- Have a knowledge of the associated morbidity and mortality.
- Be aware of current guidelines regarding the management of eating disorders.
- Understand the place of medicines in the treatment of bulimia and anorexia.
- Be able to describe the potential role of a pharmacist in the management of anorexia.

Day 1

9.30 *Arrival and coffee*

10.00 **Welcome and introductions**

10.30 **Forensic Mental Health**

12.30 *Lunch*

13.15 **Learning Disabilities**

15.15 *Coffee*

15.30 **Eating Disorders**

17.30 **Diploma Presentations**

Finish for the day...

Day 2

9.00 **Introduction to the day**

9.15 **Being Bloody-Minded**

11.15 *Coffee*

11.30 **Substance Misuse**

13.30 *Lunch*

14.15 **Personality Disorders**

16.15 *Coffee*

16.30 **Plenary and Discussion**

17.00 *Close*

Day 2 Topics

Being Bloody-Minded. Andrew Down

Objectives:

- Provide basic information on main blood tests that are likely to be seen in practice.
- Consider how blood dyscrasias present and the way that the symptoms relate to mental disorder.
- Consider the impact of psychotropic medicines on blood biochemistry.

Substance Misuse. Jennifer Scott

Objectives:

- Review the evidence base that underpins the provision of opiate substitution therapy (OST)
- Understand best practice in induction, titration and stabilisation of patients in OST.
- Consider key drug safety issues regarding OST including the use of high dose methadone, drug interactions and the management of pain.

Personality Disorders. Andrew Down

Objectives:

- Understand the clinical presentation of different personality disorders and their diagnostic criteria.
- Consider the place for pharmacological management of personality disorders.
- Be aware of relevant guidance.
- Explore the role of a medicines specialist in the management of personality disorders.

